

Speech Outline

Using and Abusing Adderall: What's the Big Deal?

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General goal:

I want to inform my audience.

Specific goal:

I would like the audience to understand the uses and abuses of Adderall by college students.

Thesis statement:

I want to inform you about the growing problem of off-label Adderall usage by college students, explaining the nature and legal uses of Adderall, its growing popularity as a study aid for college students, and the problems associated with abusing Adderall.

Introduction

- I. Attention getter: Raise your hand if anyone you know has taken the drug Adderall. Keep your hand raised if the person you know to be taking Adderall is doing so without a prescription for the drug.
- II. Listener relevance: The illegal use of stimulants like Adderall among college students has increased dramatically over the past decade. The latest National Study on Drug Use and Health found that nearly 7 percent of full-time college students reported using Adderall without a prescription. So if you know ten people who are in college, it is likely that you know someone who is abusing Adderall.
- III. Speaker credibility: I became interested in this topic my freshman year when my roommate received a call from her mother telling her that her best friend, who was a sophomore at a different college, had died suddenly from an Adderall-induced heart attack. Because I had several friends who were also using Adderall without a prescription but who thought it was safe to do so, I began to read all I could about the drug, its use, and its risks. Not only have I become versed in the written information on Adderall, but I have also interviewed several faculty here who are studying the problem, and I have become an undergraduate research assistant helping one faculty member to collect data on this problem. Today, I want to share with you some of what I have learned.
- IV. Thesis statement: Specifically, I want to inform you about the growing problem of off-label Adderall usage by college students, explaining the nature and legal uses of Adderall, its growing popularity as a study aid for college students, and the problems associated with abusing Adderall.



Attention getter



Listener relevance



Speaker credibility



Thesis statement